



Body and Emotion: The Aesthetics of Illness and Healing in the Nepal Himalayas (Contemporary Ethnography)

Robert R. Desjarlais

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Body and Emotion is a study of the relationship between culture and emotional distress, an examination of the cultural forces that influence, make sense of, and heal severe pain and malaise. In order to investigate this relationship, Robert R. Desjarlais served as an apprentice healer among the Yolmo Sherpa, a Tibetan Buddhist people who reside in the Helambu region of north-central Nepal.

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