



Ostriche: come mangiarle, come cucinarle (Life style) (Italian Edition)

Marina Dubois

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Oggi ci sono realtà che organizzano lezioni, workshop e catering, il tutto incentrato sulle ostriche, per esaltarne non solo la bontà e la versatilità, ma anche il loro essere una fonte etica e sostenibile di proteine. Si può imparare come sceglierle, maneggiarle, conservarle, gustarle e cuocerle, come abbinarle con vini e distillati e come usarle all'interno di altre ricette. Gli appassionati dell'ostrica gourmet si trovano in ogni angolo del mondo. A loro sono dedicate le ricette di questo libro.

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