



Every Body Tells a Story: A Craniosacral Journey

Liz Kalinowska, Daška Hatton

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Liz Kalinowska and Daška Hatton invite you into the therapy room to experience a therapeutic encounter through the lens of Craniosacral Therapy, discussing ways that therapists and clients can work together to optimise the success of treatment.

Describing a unique journey through ten bodywork sessions from the standpoints of a fictional client 'Anna', and her therapist, 'Sarah', the authors take you behind the scenes to witness the client's voyage of discovery, and how the encounter appears to her therapist during the course of treatment. The book shows how the perspectives of both participants develop and widen through their shared experiences and examines the ups and downs of the therapeutic relationship. Boundary, transference and trust issues are explored as Liz and Daška share their own experiences of more than 40 years in practice and examples from myth and legend help to place the work in a wider context.

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