



# Almonds: Recipes, History, Culture

*Barbara Bryant, Betsy Fentress, Lynda Balslev*

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From the anatomy of a nut to the history of the almond in world culture, the cultivation of almond orchards in California, and nutrition provided by a favorite nut, Bryant and Fentress provide a wealth of information about the versatile, high-protein, dietfriendly almond.

Try Soba Noodles with Spicy Almond Butter Sauce; Almond-Crusted Pork Chops with Sweet-and-Sour Apricot Glaze; Lamb Tagine with Apricots, Almonds and Honey; Almond Florentine Cookies; Chocolate-Amaretto Torte; Moroccan Rice Pudding; and classic Chocolate-Almond Bark.

Barbara Bryant is president of Watermark Foundation. She is the coauthor of *The Bryant Family Vineyard Cookbook* (Andrews McMeel, 2009). Barbara is also the founder and president of Watermark, Ltd., the publishing producer of *The Bryant Family Vineyard Cookbook*.

Betsy Fentress is a professional writer and editor and avid baker. She is the coauthor of *The Bryant Family Vineyard Cookbook*. Betsy is the vice-president of Watermark, Ltd. and lives in St. Louis.

Lynda Balslev is an award-winning food writer, editor and recipe developer based in the San Francisco Bay area. She writes about food and travel, contributes to NPR's *Kitchen Window*, *Relish* magazine, *Marin* magazine and authors the blog TasteFood, a compilation of more than 500 original recipes, photos and stories.

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Almonds: Recipes, History, Culture can be one of your starter books that are good idea. We recommend that straight away because this reserve has good vocabulary that can increase your knowledge in vocabulary, easy to understand, bit entertaining however delivering the information. The article author giving his/her effort to get every word into pleasure arrangement in writing Almonds: Recipes, History, Culture however doesn't forget the main point, giving the reader the hottest and based confirm resource facts that maybe you can be one among it. This great information can certainly drawn you into completely new stage of crucial imagining.

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