



# Your Money And Your Health: How to Find Affordable, High Quality Healthcare

*Jordan Braverman*

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## **Your Money And Your Health: How to Find Affordable, High Quality Healthcare** Jordan Braverman

Here is your roadmap to healthcare in the 21st century. With over forty years of experience in directing health policy activities for such major organizations as the Blue Cross Association, the American Pharmaceutical Association, and Georgetown University's Health Policy Center, author Jordan Braverman offers a wealth of knowledge on ten major areas of healthcare: evaluating physicians and their care, finding good dental care, traditional private health insurance, managed care, Medicaid and Medicare, surgery, hospital stays, nursing homes, home and hospice care, and prescription drugs. Encyclopedic in scope yet designed for ease of use, this definitive reference work will help you make intelligent decisions about your healthcare in respect to both quality of care and affordability.

This all-in-one sourcebook contains the following unique features:

Each chapter answers three questions: How do I find, evaluate, and pay for health care services within my budget and lower my health expenses?

Includes a one-of-a-kind index of health-related Web sites and health organizations organized by chapter to provide additional information on specific topics.

Presents the latest, cutting-edge information on: Medicare's new prescription drug program; Health Maintenance Organizations (HMOs), Preferred Provider Organizations (PPOs), and other health programs; new surgical rules you should be aware of before undergoing an operation; purchasing prescription drugs from Canada and other foreign countries; using the Internet for healthcare purchases; and learning to spot scams from fraudulent health organizations

Extremely useful for both individuals and organizations looking to purchase quality healthcare at affordable rates, *Your Money and Your Health* is the ideal healthcare reference book for home or office.

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