



Stay Alive!: Survival Skills You Need

John D. McCann



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Having a survival kit is not enough — You must know what to do with it!

An emergency can arise at anytime, and everyone from the average commuter to the risk-taking sportsman can benefit from knowing basic survival skills. Armed with the techniques in *Survival Skills You Need*, you will be prepared to survive.

Building on the essentials presented in his first book, *Build the Perfect Survival Kit*, author John D. McCann details the survivor mentality required to survive common emergencies, then goes on to explain the component skill categories that you must execute to stay alive, including:

- Survival kits
- Knives & tools
- Fire
- Shelter
- Water
- Signaling for help
- Navigating your way to safety
- Food
- First aid

With more than 300 full-color photos, *Survival Skills You Need* provides clear, detailed solutions for surviving emergencies during adventure, sport and travel.

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