



Particular Delights: Cooking for all the Senses

Nathalie Hambro

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First published in 1981 to great critical acclaim and winner of a prestigious Glenfiddich Award that same year, Particular Delights is reissued in a newly designed edition but retains the delightful line drawings by Thao Soun from the original edition. Packed with original ideas and unusual flavor combinations it is a book about the art of eating, as much as the art of cooking. The author has experimented to create recipes which are imaginative and adventurous but believes that the beauty of natural ingredients is that they speak for themselves. Who could resist trying Sun on a Cloud, Rainbow Omelette, Parmesan Puffs, Devils in Overcoats, Courgette and Coconut Soup, Steamed Mouli with Watercress Mayonnaise, Aubergines Confites, Nasturtium and Avocado Salad, Smoked Tea Ice Cream with Crystallised Mint leaves or Chocolate Decadence. There are over 150 recipes divided into sections on cheese dishes, egg dishes, grain, seeds and nuts, fish, poultry and game, soups, vegetables, salads, fruits and flowers, puddings, tea time, the still room and drinks, all designed to appeal to all our five senses. Nathalie Hambro has worked as contributing editor to British Vogue and Elle Decoration; and has worked regularly with the Sunday Times Magazine. In 1998 her book The Art of the Handbag won the McNaughton award for its design and photographs. In 2006, Nathalie launched, to coincide with Frieze Fair, her new book My London, about people and places. For the last few years she has been producing her own art/culture Newsletter, and is currently art consultant for auction house Phillips de Pury. She also works as an independent curator.

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