



Projective Identification and Psychotherapeutic Technique

Thomas H. Ogden

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Explains the patient's identification in treatment with a significant other for purposes of mastering traumatic experiences.

"This book is a clear, constructive, and instructive treatment of an important observation. It is also an example of clinical sophistication of the very highest order."

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"A major strength of this book is that it addresses the difficult situations that arise in treatment when projection is at play. The difficult feelings aroused in the projective introjective interplay are explored and the therapist is cautioned repeatedly against using untimely interpretations rather than therapeutic containment and holding feelings 'in reverie.' The patient needs the space to grow and Ogden is quite sensitive to this process."

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