



Traditional recipes from Tropea and nearby

Giuseppe Meligrana

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In the age of aggressive and persuasive food globalization, all over the world one can see the slow but inexorable decline of local traditional food whilst uniform global cookery takes its place as a direct result of the globalizing tendencies. This book aims at show the English speaking people that our cuisine is high in quality, it is unadulterated and it guarantees a long healthy life.

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