



## **Personality Assessment in Managed Health Care: Using the MMPI-2 in Treatment Planning**

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In response to the many challenges facing mental health professionals in the era of managed care, this highly respected group of contributors from academia, managed care, and full-time clinical practice, outline the importance of personality assessment, particularly through the use of MMPI-2. Butcher and his colleagues argue that psychological assessment plays an indispensable role in managed care, both because it is an essential tool for evaluating the effectiveness of therapy and because of its significant contributions to the structuring and shortening of the process of therapy. By providing working examples of psychological treatment in the context of managed care, this book shows us that the most effective treatments use personality assessment as their foundation.

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