



Ketogenic Diet: Ketogenic Mug Cake Recipes: Low Carb Mug Cake Recipes For Microwave To Lose Weight Fast (Low Carb Diet, Ketogenic Diet)

Karen Medina

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Lose Weight With These Tasty And Easy To Make Low Carb Mug Cake Recipes !.

Ketogenic Diet is one of those diets that a lot of people have heard about but don't know a lot about. It's our intent to inform you about Ketogenic diets, how they work, why they work, and how to start one of your own.

This cookbook is filled with large variety of low carb Mug Cake recipes you can easily make.

For a full list of what you can see inside, scroll up and click on the look inside feature and check out the Table of Contents!

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