



The Ultimate Hiker's Gear Guide: Tools and Techniques to Hit the Trail

Andrew Skurka

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Supreme long-distance hiker Andrew Skurka shares his hard-earned knowledge in this essential guide to backpacking gear and skills. Described by *National Geographic* as “one of the best traveled and fastest hikers on the planet,” and named “Adventurer of the Year” by *Outside* and “Person of the Year” by *Backpacker*, Skurka recounts what he’s learned from more than 30,000 miles of long-distance adventures, most recently a 4,700-mile 6-month loop around Alaska and Canada’s Yukon.

Whether you’re a first-time backpacker, an occasional weekend warrior or a seasoned long-distance trekker, you’ll love this guide. Learn exactly what you need to carry – both on your back and between your ears – for all seasons and circumstances through a show-and-tell of clothing, footwear, backpacks, shelter and sleep systems, and more, as well as through detailed articles on foot care, campsite selection and hiking efficiency. Skurka’s practical and priceless recommendations give you all the tools and techniques you’ll need to hit the trail.

From the Trade Paperback edition.

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