



Holocaust Survivors and Immigrants (Springer Series on Stress and Coping)

Boaz Kahana, Zev Harel, Eva Kahana

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Based on a unique research study, this volume examines the later life development of Holocaust survivors from Israel and the US. Through systematic interviews, the authors – noted researchers and clinicians – collected data about the lives of these survivors and how they compared to peers who did not share this experience. The orientation of the book synthesizes several conceptual approaches – gerontological and life span development, stress research, and traumatology, and also reflects the varied disciplines of the authors, spanning psychology, social work, and sociology. The result is a multi-faceted view of their subject with an understanding of the individual, society, and the interaction of the two, tempered by the authors' own Holocaust experiences. Chapters cover a range of areas including stress and coping of these survivors, reviews of their health and mental health, an examination of their social integration, as well as a review of the multiple predictors of psychological well-being and adaptation to aging. This book will be of interest to psychologists, social workers, sociologists, psychiatrists, and all those who study both trauma and aging.

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