



Cocina esencial de México (Spanish Edition)

Diana Kennedy

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Una colección de las recetas fundamentales para trazar el mapa de la gastronomía mexicana.

El testimonio de una vida entregada a la recuperación, conservación y difusión del arte culinario de nuestro país.

Un registro personalísimo del encuentro con cocineras y vendedores de alimentos a lo largo del territorio

Un clásico moderno entre los libros de cocina publicados en todo el mundo.

Así puede caracterizarse Cocina esencial de México (volumen que reúne los tres primeros libros de la autora: The Cuisines of Mexico, The Tortilla Book y Mexican Regional Cooking), referencia insuperable para entender cómo se come y se cocina en este país. A partir de años dedicados a la investigación de campo en diversos rincones de la república mexicana, Diana Kennedy presenta un rico catálogo de técnicas, ingredientes, recetas y consejos para recrear en nuestras cocinas los aromas y sabores de una de las gastronomías más variadas y sorprendentes del planeta.



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