



Too Much to Dream: A Psychedelic American Boyhood

Peter Bebergal

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Growing up in the suburbs of Boston and raised on secular Judaism, Cocoa Puffs, and *Gilligan's Island*, Peter Bebergal was barely in his teens when the ancient desire to finding higher spiritual meaning in the universe struck. Already schooled in mysticism by way of comic books, Dungeons & Dragons, and Carlos Castaneda, he turned to hallucinogens, convinced they would provide a path to illumination.

Was this profound desire for God—a god he believed that could only be apprehended by an extreme state of altered consciousness—simply a side effect of the drugs? Or was it a deeper human longing that was manifesting itself, even on a country club golf course at the edge of a strip mall?

Too Much to Dream places Bebergal's story within the cultural history of hallucinogens, American fascination with mysticism, and the complex relationship between drug addiction, popular culture, rock 'n' roll, occultism, and psychology. With a captivating foreword by Peter Coyote, and interviews with writers, artists, and psychologists such as Dennis McKenna, James Fadima, Arik Roper, Jim Woodring, and Mark Tulin, Bebergal offers a groundbreaking exploration of drugs, religion, and the craving for spirituality entrenched in America's youth.

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