



Peaceful Parenting: 10 Essential Principles (The 10 Essential Principles) (Volume 1)

Marianne Clyde

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Being an effective parent is not based in technique, but in who you are as a person. Marianne Clyde, Licensed Marriage and family Therapist teaches parents step by step how to be secure in who they are and thus transfer that confidence and power to their children. Based on 10 essential principles, simple to understand and live out, this book enables parents to focus on the child's needs and create a safe, secure space for the child to thrive. Learn to address conflict and defiance with wisdom and self assurance. Learn to hear the unspoken messages behind the behavior. Learn to focus on the positives, rather than the negatives, thus eliciting more cooperation and healthy responses from your kids! Learn to be mindful, peaceful and powerful in your parenting. Marianne will walk you through it simply and effectively. If you follow these principles, your home will be more respectful, more peaceful and more fun.

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