



Jewish Mysticism and the Spiritual Life: Classical Texts, Contemporary Reflections

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Leading scholars and teachers share their favorite texts of the Jewish mystical tradition—many available in English for the first time—and explore why these materials are meaningful and relevant to us today. New in paperback!

In this unique volume, some of Judaism's most insightful contemporary thinkers bring the words of sages past to bear on the present. They explore how we can become closer to God through our relationships with others, our observance at home and our actions in the world, asking:

- What do *mitzvot* have to do with mysticism?
- Is spirituality selfish?
- Can mysticism enhance community?

Organized thematically, each section focuses on how mysticism engages and complements the dimensions of religious life, including studying Torah, performing *mitzvot* and observing *halakhah*.



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