

# From Memories to Mental Illness: A Conceptual Journey (Emotions, Personality, and Psychotherapy)

William M. Hall

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From Memories to Mental Illness explores a ground-breaking hypothesis based on the premise that memories are stored as electrically associated entities reflecting the natural organization of those experiences from which they rose. In the book's first half, the neuroscience of memory storage and retrieval, emotional expression, and other basic processes are considered and a comprehensive hypothesis is formulated. The proposed theory is used in the second half as a rational theoretical explanation for such major psychiatric conditions as multiple personality disorder, depression, mania, and psychogenic amnesia. This text is supported by detailed illustrations to elucidate abstract concepts.



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