



The Couples Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition (PracticePlanners)

K. Daniel O'Leary, Richard E. Heyman, Arthur E. Jongsma

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This timesaving resource features:

- Treatment plan components for 35 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors
- Includes new **Evidence-Based Practice Interventions** as required by many public funding sources and private insurers

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The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions
- New chapters on Internet sexual use, retirement, and parenthood strain
- Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Designed to correspond with *The Couples Psychotherapy Progress Notes Planner, Second Edition* and *Couples Therapy Homework Planner, Second Edition*
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

Additional resources in the PracticePlanners® series:

Progress Notes Planners contain complete, prewritten progress notes for each presenting problem in the companion *Treatment Planners*.

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