



Fig Jam and Foxtrot: Tales of life, love and food in the Karoo

Lynn Bedford Hall

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A delightful combination of anecdotes and recipes straight from the heart of the fictional Karoo village of Corriebush. Author Lynn Bedford Hall has created a cast of characters and placed them in the kitchens, cafés and stoeps of this charming village, where gossip is as essential an ingredient as a well-chopped onion. Share the stories and recipes of Rosa, the local Italian beauty, homely Betsie, whose baking captivated a Scotsman, and Olympia, the tragic Greek widow who touched Daleen's heart. Each of the six chapters includes a vignette of one of the women who call Corriebush home, followed by some of their favourite recipes, chosen to represent their diversity while capturing the essence of wholesome country cooking. Lynn's unique style of writing makes her a perennial favourite and Fig Jam and Foxtrot is sure to appeal to anyone who appreciates a good tale, as well as a good dish.

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