



# Cycling the Trans Pennine Trail

*Nicolas Mitchell*

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## **Cycling the Trans Pennine Trail** Nicolas Mitchell

The Trans Pennine Trail (TPT) is one of the finest long-distance cycle rides in England and tackling the route over four days is a marvellous mini-adventure that should appeal to all sorts of cyclists. Every stage of this 205-mile long cycle route, from Southport on Merseyside to Hornsea in East Yorkshire, is described by author Nicolas Mitchell, including fascinating accounts of its rich industrial heritage and details of many opportunities to explore its glorious natural history. This new book includes detailed route maps to help you keep on track; full-colour and archive photographs of all the sights along the way; detailed listings of accommodation, places to eat and drink and local bike shops and advice on how to prepare yourself and your bike for the trip. Of great interest to all types and level of serious cyclist, as well as tourists from UK and overseas and fully illustrated with 50 colour and archive photographs of all the sights along the way; 25 route maps and 5 elevation graphs.

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