



## Speaking the Unspeakable: The Ethics of Dual Relationships in Counselling and Psychotherapy

Lynne Gabriel

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Are dual relationships always detrimental? *Speaking the Unspeakable* provides an in-depth exploration of client-practitioner dual relationships, offering critical discussion and sustained narrative on thinking about and being in dual relationships.

Lynne Gabriel draws on the experiences of both practitioners and clients to provide a clear summary of the complex and multidimensional nature of dual relationships. The beneficial as well as detrimental potential of such relationships is discussed and illustrated with personal accounts. Subjects covered include:

- · roles and boundaries in dual and multiple role relationships
- · client experiences and perceptions of being in dual and multiple role relationships
- · developing a relational ethic for complex relationships

This book offers an insightful and challenging portrayal of dual relationships that will be welcomed by therapists, trainers, trainees and supervisors.



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