



Practical Karate 6: Self-Defense in Special Situations: In Special Situations Bk.6

Masatoshi Nakayama, Donn F. Draeger

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"It offers easy-to-learn karate responses in typical self-defense situations. Diligent practice at home will equip one with ... more than instinct in an emergency situation." —*Mainichi Shimbun* newspaper

Practical Karate: Self-Defense in Special Situations is the final volume of the classic six-volume series by Masatoshi Nakayama and Donn Draeger.

Beginning with tactics for dealing with automobile situations, escalating to tied-hand situations, then switchblade, chain, meat cleaver, and razor attacks, and finishing with tactics for dealing with handgun attacks, the authors cover a wide range of effective responses in situations calling for advanced tactics.

This martial arts manual helps to replace false confidence with an ability to make a quick, realistic appraisal of a dangerous situation and take the correct countermeasures for personal safety.

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