



The Myth of Multitasking: How "Doing It All" Gets Nothing Done

Dave Crenshaw

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In a compelling business fable, *The Myth of Multitasking* confronts a popular idea that has come to define our hectic, work-a-day world. This simple yet powerful book shows clearly why multitasking is, in fact, a *lie* that wastes time and costs money. Far from being efficient, multitasking actually damages productivity and relationships at work and at home.

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