



# Rucksack Guide - Ski Mountaineering and Snowshoeing

*Alun Richardson*

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## **Rucksack Guide - Ski Mountaineering and Snowshoeing** Alun Richardson

*Rucksack Guide - Ski Mountaineering and Snowshoeing* is your essential handbook for when on the mountain. It offers concise guidance and support for whatever situations you might find yourself in, including:

- technical skills: tips and reminders on the key techniques
- equipment: choosing the right skis and looking after them
- finding the best snow: testing for weak spots and crossing crevasses
- safety: essential procedures to ensure the safety of yourself, your party and others on the mountain
- emergencies: guidance on what to do in extreme situations.

The book is colour-coded for easy reference and all information is presented in lists and tables, making it simple to understand in testing conditions.

The *Rucksack Guide* series is adapted from *Mountaineering: The essential skills for mountain walkers and climbers*, the definitive handbook for hill walkers, climbers and mountaineers.

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